

## **INTENT**

At Hornead, we strive to create a natural home where all children flourish within the community, grounded in Christian values. Through our PE curriculum, we equip pupils with the knowledge and confidence to lead healthy, active lives, making informed choices about exercise, nutrition, and wellbeing. They will develop resilience, teamwork, and sportsmanship, enabling them to engage in a range of activities and competitive sports.

Beyond physical skills, our curriculum fosters an understanding of the links between health, fitness, and wellbeing while promoting positive role models in sport. PE plays a vital role across the curriculum, encouraging active learning and developing key social skills through competitions and experiences. We are committed to removing barriers to long-term participation so that all children feel included and valued.

We also provide sustainable opportunities for pupils to engage in local sport, supporting our wider focus on wellbeing through the Hertford and Ware School Sports Partnership. By participating in events, pupils strengthen their sense of belonging and community.

Through high-quality teaching and our PE scheme, we inspire a love of sport that extends beyond school. Our curriculum nurtures cooperation, fairness, and lifelong values, ensuring every child has the opportunity to thrive.

## **IMPLEMENTATION**

At Hornead, we believe PE is fundamental in shaping confident, resilient, and healthy individuals. Rooted in our Christian values, our curriculum is designed to create a natural home where all children flourish within the community, fostering a love of movement and lifelong participation in physical activity. Through high-quality teaching and inclusive opportunities, we ensure every child has the chance to develop their physical, social, and emotional wellbeing in a unique and happy school environment.

We follow the Get Set 4 PE curriculum to deliver engaging and structured lessons, ensuring a consistent and progressive approach to skill development. To uphold a high standard of teaching, we employ a specialist sports teacher who works alongside staff to provide expert guidance and support. Our curriculum focuses on mastering fundamental movement skills—Agility, Balance, and Coordination (ABCs)—giving children the tools to improve their physical literacy and develop the confidence to participate in a variety of sports and activities.

We are committed to creating an inclusive and inspiring sporting culture. Every child is encouraged to take part in at least one inter-school sports event each year, building teamwork, perseverance, and self-belief. Additionally, we provide structured breaktime activities, such as monthly challenges, skipping, and Speed Stacks, to promote active play beyond PE lessons. Our participation in the Daily Mile reinforces the importance of regular movement for both physical and mental wellbeing.

To ensure progress and inclusivity, we assess children at the end of each unit and provide targeted support in every lesson, helping each pupil reach their potential. By embedding these principles into our PE curriculum, we aim to inspire every child to enjoy sport, develop essential life skills, and embrace a healthy, active lifestyle that extends well beyond their years at Hornead.

## **IMPACT**

When our children leave us in Year 4, we want them to have shown resilience through sport, developing confidence in their physical abilities and a lifelong appreciation for an active, healthy lifestyle. They will have mastered a range of fundamental movement skills and built an understanding of the importance of fitness, teamwork, and perseverance.

Our pupils will have experienced a variety of sports and activities, learning from inspirational athletes and role models while embracing the values of fair play, respect, and inclusivity. They will feel confident to challenge themselves, take risks, and reflect on their progress, valuing effort and growth as much as achievement.

Most importantly, we want our children to leave Hornead with a love for sport and physical activity—seeing it as a source of enjoyment, self-expression, and wellbeing—helping them to flourish within their community and live life in all its fullness.